

BUILDING BODEEZ FITNESS CENTER

CLUB AMENITIES



- 💰 **CHEAPEST RATES IN THE AREA GUARANTEED!**
- 💰 **OPEN 24/7**
- 💰 **KEYCHAIN** Swipe-In System
- 💰 **ONLY FACILITY IN THE AREA** with over 40 group Fitness Classes/week!
 - **NO MEMBERSHIP REQUIRED FOR GROUP FITNESS!**
- 💰 SPINNING® 6 Days/Week (with true to format "RACE DAY", Endurance, Interval and Strength rides)
- 💰 ZUMBA® with Licensed Instructors
- 💰 Patented JUMP STRETCH® Resistance Training integrated into TOP GUN FITNESS™
- 💰 BUILDING BETTER BODEEZ Weight Loss/Maintenance
- 💰 Personal Trainers (Read online at buildingbodeez.net; ABOUT US page)
- 💰 TOP GUN FITNESS™ Group Personal Training Program
- 💰 **Flexible Membership Plans for all amenities**
- 💰 SUNSTAR 432 12-minute Tanning Bed
- 💰 2-Floors of StarTrac aerobics equipment
- 💰 Full Nautilus Circuit with **complementary** orientation
- 💰 HAMMER STRENGTH™
- 💰 Cross Training Studio
- 💰 Outdoor Zone
- 💰 Dedicated Free Weight Area
- 💰 **Secluded** upstairs training studio
- 💰 **TWO (2) Group Fitness Studios**
- 💰 Children <13 years old FREE with parental/guardian membership
- 💰 Community involvement (Relay for Life, Fundraisers, etc.)
- 💰 Month to Month club events (i.e. themed classes, basketball tourney, FitnessaTHON, etc.)
- 💰 ***FREE* RUNNING CLUB**
- 💰 Towel Service
- 💰 Men's/Women's Shower and Changing Rooms
- 💰 **AND MORE!**

VISIT US ONLINE at www.buildingbodeez.net
or via Facebook (search: **BUILDING BODEEZ FITNESS CENTER**)
or via [youtube.com/buildingbodeez](https://www.youtube.com/buildingbodeez)

CONTACT: buildingbodeez@gmail.com

