# BUILDING BODEEZ FITNESS CENTER





Silver&Fit

Fitness Facility

154 Pandora Road Derry, PA www.buildingbodeez.NET 724.739.0105 Like us on Facebook BUILDING BODEEZ FITNESS CENTER Follow Us on TWITTER: @buildingbodeez Instagram Handle: #BBFC #bodeeznation



# \* CLASSIC BODEEZ \*



Two Complimentary 1-Hour Sessions with Personal Trainer and Forever Assistance with Fitness Staff Building Bodeez Monthly Events, Discounts, Informational Sessions with Staff SIT to be FIT Mon Wed Fri, All Equipment and TANNING

### \$35 1-Time Enrollment Fee for all NEW members- INCLUDES FREE SWIPE IN CLUB ENTRY CARD **\*NO ANNUAL FEE EXISTS**

#### \*Memberships > 1 Month in length must enroll in automatic debit (CANCEL AT ANYTIME)

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Students (13-18 years old) / Active Military	\$40	(1mo)	(3mo) \$35/mo*	(1year) \$30/mo*
Individual (19-64 years old) / Veteran	\$45	(1mo)	(3mo) \$40/mo*	(1year) \$35/mo*
Senior Citizens (>65 years old)	\$40	(1mo)	(3mo) \$35/mo*	(1year) \$30/mo*

# **\*\* ELITE BODEEZ \*\***

MUST HOLD CURRENT "CLASSIC" MEMBERSHIP

Sessions Purchased may be used for TOP GUN FITNESS Classes\*\*, Group Fitness Classes, BUDDIEZ Visits

Single Session	\$8			
10 Sessions	\$50			
**TOP GUN FITNESS™ Requires Initial and Quarterly Enrollment Fees				

## \*\*\*\*\* PREMIERE BODEEZ \*\*\*\*\*

Classic Membership with UNLIMITED Classes, UNLIMITED Tanning and BUDDIEZ CHILD CARE, TOP GUN FITNESS™\*\*

All Ages (3mo) \$89/mo\* (1year) \$79/mo\* Health Care Subsidiary Upgrade \$49/mo \*\*TOP GUN FITNESS™ Requires Initial and Quarterly Enrollment Fees

## \*\*\* NON-MEMBER BODEEZ \*\*\*

### DOES NOT HOLD CURRENT "CLASSIC" MEMBERSHIP

Sessions Purchased may be used for Group Fitness Classes (Buddiez Child Care \$4/ea) \$12

\$60

Single Session	
5 Sessions	

#### **INSURANCE PROGRAMS & CORPORATE DISCOUNTS:**

FREE/Subsidized Memberships for Silver and Fit™, Silver Sneakers®, Active and Fit™, Prime Healthways See back of form re: CORPORATE ENTITIES ENROLLED IN DISCOUNT Considered Classic Membership and may pay for Sessions using Elite Bodeez Rates

24/7 Access for Monthly up-to-date Classic Members ONLY

Tanning, 1-Day or 7-Day Pass Access during Customer Service Hours



# **CLUB AMENITIES**

- <u>4/7 ACCESS</u>
  <u>24/7 ACCESS</u>
- DNLY FACILITY IN THE AREA with over 40 group Fitness Classes/week!
  - NO MEMBERSHIP REQUIRED FOR GROUP FITNESS!
- BINNING® (with true to format "RACE DAY", Endurance, Interval and Strength rides)
- In HOME OF Patented TOP GUN FITNESS™ Training Program
- **B** ZUMBA® with 5 Licensed Instructors
- STEP®, Phyzique Bodeez, Soul Fusion, CORE-intensive Training, Top Gun Fitness™, Silver Fitness, Kickboxing, Tabata/HIIT, and more <u>unique</u> Group Fitness Options!
- Deair Fitness (M W F), Sunrise Fitness, ZUMBA® Mornings and more geared towards Silver population!
- BUILDING BETTER BODEEZ Club for Weight Loss/Maintenance as well as Bi-Annual Challenges
- Bersonal Trainers (Read online at buildingbodeez.net; ABOUT US page)
- BUILDING BODEEZ BUDDIEZ CHILD CARE (3 months 10 years)
- <sup>●</sup> Online MIND BODY<sup>™</sup> Reservation System
- \*FREE\* to Members Mind Body Group Fitness Reservation System
- \*FREE\* Tanning Bed Use
- 2-Floors of StarTrac aerobics equipment
- Bull Nautilus Circuit with complimentary orientation
- Dedicated Free Weight Area
- Secluded upstairs training studio
- Pickleball Court
- Brother Companies on site: ROUGHHOUSE WRESTLING and SEAN MYERS FIRTESS TRAINING
- <u>Nutritional Guidance during our BBB & TOP GUN Programs</u>
- Dhildren <13 years old FREE with parental/guardian membership
- Community involvement (Relay for Life, Fundraisers, etc.)
- Month to Month club events (i.e. themed classes, FitnessaTHON, etc.)
- Towel Service
- Client LOUNGE
- 2 Group Fitness Studios
- Ben's/Women's Shower and Changing Rooms with Additional Locker Rms UPSTAIRS!
- (Convenient Swipe-in Computer System (card complementary with membership)
- CORPORATE GROUP DISCOUNTS "Classic Membership" enrolled are employees of: DASD, GLSD, & Blairsville School Districts, PACE Industries, Classics Industries, TSI Titanium, Latrobe Specialty Steel, Excela Health, Chef Dato's, Walmart, New Horizons
- AND MORE!

VISIT US ONLINE at www.buildingbodeez.net or via Facebook (search: BUILDING BODEEZ FITNESS CENTER) or via Instagram (@buildingbodeez) or via youtube.com/buildingbodeez or via Twitter (@buildingbodeez)

CONTACT for General Purposes: buildingbodeez@gmail.com







